

ALL THE WAYS OF LEARNING BY DOING.

Just like the Senac RJ school restaurants, the school bistro is a differentiator in the practical training of our students and in our commitment to providing excellent professional education for Rio de Janeiro.

Praça Tiradentes, nº 67 to 71 - Centro, Rio de janeiro - RJ, 20060-070



BISTRO-SCHOOL
Senac CRAB Sebrae



APPETIZERS

- Tapioca dices (10 pieces)**.....**R\$25,00**
(Tapioca, Coalho cheese with red chili jelly)
- Croquettes (10 pieces)**.....**R\$29,00**
(choice of: yuca with shrimp, black bean stew, or creamy pork)
- Chicken Salpicao Salad****R\$30,00**
(shredded Chicken breast with canned corn, raisins, pea in a rose dressing, crispy shoestring potatoes)
- Grilled Coalho cheese salad****R\$25,00**
(Coalho cheese, mixed greens and herbs, cherry tomatoes, carrot and mango dressing)

MAIN COURSES

- Beef stew****R\$45,00**
(Beef stew with poached egg, rice, beans, crispy kale and farofa)
- Chorizo** **R\$44,00**
(Grilled Chorizo with caramelized onions and French fries)
- Shrimp Bobo****R\$47,00**
(Shrimp, creamy cassava with coconut milk, bell peppers and dendê oil, fresh coconut rice and dende oil farofa)
- Vegetarian Bobo**.....**R\$36,00**
(Carrots, broccoli and green beans, creamy cassava with coconut milk, bell peppers and dendê oil, fresh coconut rice and dendê oil farofa)
- White fish fillet with moqueca sauce**.....**R\$45,00**
(grilled fish filet with coconut milk, dendê oil, bell peppers sauce, parsley rice and broccoli with garlic)
- Crispy Chicken** **R\$39,00**
(Fried crispy chicken breast with mashed potato and salad of mixed greens, tomatoes, carrot and red onions)



BUSINESS LUNCH / *Specials of the week*

Pork tenderloin	R\$38,00
(Grilled pork tenderloin, Brazilian style vinaigrette, creamy beans with seasoned egg, rice and farofa)	
Grilled beef skewer	R\$38,00
(Beef, bacon, zucchini, tomato and onions skewer, Broccolini rice and roasted vegetables of the day)	
Chicken in catupiry cheese sauce (rice and crispy shoestring potatoes).....	R\$38,00

CHILDREN’S MENU

Chicken filet	R\$33,00
Beef tenderloin	R\$36,00
(Choose one side dish: Pasta in butter with parmesan cheese or Rice, beans and French fries)	

DESSERTS

Guava jam, cream cheese and cookies	R\$15,00
Brazilian style caramel flan	R\$14,00
Fresh fruit of the day	R\$10,00
Chocolate mousse with passion Fruit	R\$18,50

BEVERAGES

Sparkling water / Still water	R\$6,00
Espresso	R\$6,00
Soft drinks	R\$8,00
Mate tea	R\$9,00
Corona beer (bottle)	R\$14,00
Heineken beer (bottle)	R\$16,00
Pink Gin and Tonic	R\$16,00
Citrus Vodka	R\$17,00
Schweppes Spritz	R\$17,00
Red Wine / White Wine (Glass)	R\$25,00

